

Longing for a city escape that's still within reach of civilisation?

e've got just the place: Vrisch Gewaat, a boutique olive farm roughly half an hour's drive from the charming village of Prince Albert in the Western Cape (fly into George airport or drive 400km north of Cape Town on the N1).

The property offers quests numerous gorgeously decorated farmhouses and cottages to retreat to. The generously proportioned manor house, with its four airy, en-suite bedrooms, is beautifully appointed, with just about every pot, pan and utensil you could need to make selfcatering seamless. You can also expect farm-fresh milk (thanks to Wendy the cow), eggs, lamb chops, olives, olive oil and veggies.

There are abundant verandas from which to enjoy the peaceful Karoo views of natural renosterveld grasses and succulents as you watch the sun rise and set.

The farm's other house, Paradys – a 1914 farmhouse – is one of the oldest homes on the property and features a private and rather sizeable pool. It's a city slicker's delight, with handsomely striking decor by architectural and interior design team Janet Lauder

and Harry Themistocleous of Mode Design Studio.

Delightfully themed, smaller cottages are also available. These include The Cook's Cottage (think shelves packed with cookbooks and a fully stocked spice rack) and The Library Cottage (100 books await you).

Our favourite moment? Waking up to Wendy the cow and Minna the pony calmly grazing on the manor house lawn after the rain. Bliss. Visit: vrischgewagt.co.za or email: info@vrischgewagt.co.za



BOOK NOW!

One of the most exciting culinary experiences in Jozi right now is the Four Hands menu at Luke Dale Roberts X The Saxon. The award-winning Roberts and head chef Candice Philip created the five-course menu together, and diners can

expect the best of both creative talents. Basically a pared-down version of the usual nine-course gourmet menu, it offers a delicious combination of flavours and styles, from scallop and crab ravioli and sea bass tartare to lamb scotati and a dill and litchi dessert. The menu changes regularly, so expect a new experience with each visit. Luke Dale Roberts X The Saxon is open for dinner from Tuesdays to Saturdays. The five-course tasting menu costs R790, R960 with tea pairing, R1 150 paired with local wines and R1 280 paired with international wines. Booking is essential. Call: 011 292 6000 or email: tablereservations@saxon.co.za

LUSH LIVING

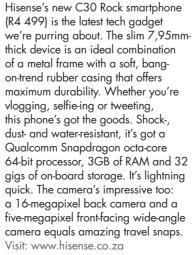
The mere thought of spending the night at the Lilizela award-winning and newly five-star-graded property, Loeriescall Guesthouse in Nelspruit, Mpumalanga got us excited. Nestled in a gorgeous green oasis, it's all about finer details such as delicious homemade chocolate mousse (talk about a step up from the usual "goodnight" confectionery), the dinkiest decanter of sherry and a bottle of specially chosen merlot. The suites are spacious and ours was right next to the top-notch pool (score!) – just the tonic in this hot, humid climate

Built on a cliff, Loeriescall is made for Instagram moments. Think great views of the CBD and lush surrounding areas, thanks to the property's strategic location.

Food-wise, from a refreshing starter of salmon to the falling-off-the-bone leg of lamb, meals are too good to eat... almost! Judging by the number of couples kicking back on a Tuesday evening, Orange Restaurant seems to be the locals' favourite date-night spot and we recommend one of the candle-lit tables on the lawn. Visit: www.loeriescall.co.za - Ashley Thekiso



Rock on!



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etting off to Ghana? The country's thriving cultural scene is giving its tourism industry a real boost. You can enjoy five-star luxury at The Kempinski Hotel Gold Coast City Accra (featuring 269 rooms, including 22 suites and two presidential suites), complete with spa, world-class conference facilities and a variety of dining options.



We also love that the new Gallery 1957 – which is dedicated to contemporary art - is situated in the heart of the hotel. With an initial curatorial focus on contemporary Ghanaian art, the gallery hosts exhibitions, installations

and performances by the country's most significant artists currently bridging the gap between local and international practices.

Once you've had your fill of mind-expanding visual delights, zone out at the Resense Spa, which offers many European-inspired treatments including the Resense Bathing Kur, which combines ancient Roman bathing traditions with holistic natural therapies. Visit: www. kempinski.com/en/accra/ hotel-gold-coast-city/ or call +233 (0) 242 436 000.